

Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing.

Discuss both views and give your own opinion.

In this ~~time and dated~~ day and age, some people refrain from any changing in their daily routines., however, others believe that individuals need venture in some ~~worthful~~ worthy situations. In my opinion, there are some positive sides to changing our daily activities. This essay will discuss the pros and cons.

Some people tend to do the same things without change. perhaps they are already comforting. They ~~trou-~~ maintain/hold/argue/posit that Passion is the strongest reason why people stay on doing the same activities.

In some others, they would not take a risk ~~action~~ because they believe it could make their life changes even become worse than before. For example, the risk of economic problems in ~~change~~ changing jobs. When a couple ~~became~~ become parents, they must provide ~~a tolerable~~ an acceptable standard for their children. They might think that ~~change~~ changing jobs, would ~~give pose a~~ high risk for family finances.

On the other hand, some people argue that change is very important today. Some people have a tendency to always find a new challenge in their life. Any new situation a person encounters ~~with~~ can be an opportunity to learn and improve the personality. Besides them, change can represent a break

with an old daily routine which has become predictable and **stuffyboring**. As well as making life more fun and interesting, new experiences can be good for physical and mental health.

To put it in a nutshell, both sides have their own value. I think change is always a good thing for people to run their life. They would take more opportunities if they can adjust their life with the dynamic life.